



# Snug and Safe on a Sealy Baby Cot Mattress

So small, so delicate. So precious. Your baby needs all the love and care you can provide. And because they spend much of their early days and nights (hopefully) fast asleep, you can't do better than to entrust them to the comfort and support of a Sealy Baby Cot Mattress.

A Sealy Baby Cot Mattress is designed by our sleep specialists to provide just the right support their tiny bodies need. And because we use only the purest, natural, non-allergenic materials to keep your baby snug and safe, you'll be able to sleep better too!

## MATTRESS FABRIC IS BREATHABLE TO ALLOW VENTILATION

### Health

- Non-allergenic fabric with an anti-bacterial finish.
- A PU film barrier protects the mattress core against infestation of allergy-causing dust mites.
- The PU film forms a waterproof coating.

### Comfort

- A plush, gentle sleeping surface made from imported soft knitted fabric provides snuggle-down comfort.
- A Infinilux™ pad layer provides non-allergenic insulation for lasting durability and additional support.

### Support

- A Sealy® low profile pocket innerspring system supports baby's growing body.
- Fits a standard cot frame.

### Durability

- The mattress fabric is both washable and waterproof.
- The unique Sealy® innerspring system provides additional strength and durability.

**Washing Instructions:** Wipe with a damp cloth & mild soap (do not use excessive water).

**Size:** 660mm x 1300mm x 80mm



# How to ensure your baby gets the right sort of sleep

Did you know that babies develop more in their first four years than in all the remaining years of life? As a parent it's your responsibility to make sure your precious child enjoys all the right conditions for growth. This means providing the right nutrition, the right stimulation, and of course sleep. Putting your baby to rest on a Sealy Baby Cot Mattress is certainly a great start, but here are some helpful hints to give your baby an even bigger advantage through better sleep.

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### Good Sleep Tips

- Babies sleep much better if they are placed on their backs from the very beginning
- Keep your baby's cot in the same room with you at night, at least for the first six months
- Don't let anyone smoke in the same room as the baby
- Don't share a bed with your baby or sleep with your baby on a couch, especially if you have been smoking, taking drugs or drinking, as this can increase the risk of squashing or smothering the baby
- Don't let your baby get too hot or too cold
- Keep room at a comfortable temperature
- Keep the baby's head uncovered
- Place the sleep covers no higher than shoulder level
- Baby should sleep in the 'feet to foot' position in the cot, leaving ample room above the baby's head
- Don't let your baby sleep with a hot water bottle or an electric blanket, or near a heater
- If your baby is unwell or is running a temperature seek medical advice immediately. It's better to be safe than sorry
- The cot should be made up with blankets tucked in securely, but not over-tight

**Washing Instructions:** Wipe with a damp cloth & mild soap (do not use excessive water).

**Size:** 660mm x 1300mm x 80mm